

Pravash Kumar Raut

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EDUCATION

University of Tennessee, Knoxville, USA

- **Ph.D. in Philosophy** (2026 Aug-)

University of Missouri–Columbia, USA

- **Ph.D. in School Psychology** (2026)
 - Advisor: Dr. Keith Herman
 - Dissertation research: Perceived Student–Teacher Relationship as Moderators/Mediators of Classroom Management Intervention: Academic and Behavioral Engagements as Outcomes in a Group Randomized Trial
- **M.Ed. in School Psychology** (2024)
 - Advisor: Dr. Keith Herman
- **Graduate Coursework in Philosophy** (18 credit hours)
 - Areas of Study: Ethics, Metaphysics, Philosophy of Science, Philosophy of Religion, Aesthetics, and Philosophy of Law
- **Quantitative Research Certificate** (2024)

Tribhuvan University, Nepal

- **M.A. in Psychology (Specialization: Clinical Psychology)** (2018)
 - Thesis: Adverse Childhood Experiences and Behavioral Problems Among Children and Adolescents
 - Supervisor: Dr. Sandesh Dhakal
- **B.A. in General Psychology and English Literature** (2015)

Research Interests

- Ethical and philosophical questions surrounding suffering, trauma, and moral resilience.
- Intersections between psychology and philosophy in understanding adversity and moral development.
- The role of relationships and community in sustaining moral and emotional life.
- Metaphysical and religious perspectives on meaning, transformation, and human flourishing after adversity.

Research Experience

Research Assistant (Aug 2021 – July 2023, Aug 2024 – May 2025)

University of Missouri–Columbia

Projects: Classroom Check-Up (CCU), Discipline in the Secondary Classroom (DiSCO), Safe and Civil Schools Leadership (SCSL)

- Contributed to federally funded projects promoting effective classroom management, school climate, and student engagement.
- Collected and organized data, maintained research documentation, and trained graduate students in observational and coding systems.
- Transcribed and coded motivational interviewing sessions, examining communication and behavioral change processes.

Principal Investigator: Dr. Wendy Reinke

Teaching Experience

Graduate Teaching Assistant (Aug 2026 -)

University of Tennessee, Knoxville, TN, USA

- Taught undergraduate courses including Professional Responsibility

Instructor (Dec 2017 – Jul 2021)

Tribhuvan University (Affiliated Department and Colleges: Central Department of Psychology; Tri Chandra Multiple Campus; DAV College; GP Koirala Memorial College; Texas International College), Nepal

- Taught undergraduate and postgraduate courses including General Psychology, Abnormal Psychology, Industrial and Organizational Psychology, Multicultural Counseling, and Psychological Assessment.
- Designed syllabi, delivered lectures, led class discussions, and evaluated written examinations and fieldwork reports.

Instructor (Early Career) (Dec 2009 – Jun

2012) Alpine Valley School, Kathmandu, Nepal

- Taught mathematics and science to grades 3–10, developing instructional and communication skills across diverse learning levels.

Honors and Awards

University of Missouri–Columbia

- *Mary Jane Lang Doctoral Scholarship* (2025–2026)
- *Ruth E. Norris Scholarship Fund for Graduate Students in Education* (2024–2025)
- *Walter Scott Monroe Research Fellowship Fund* (2023–2024)
- *Kim and Allan Moore Endowed Scholarship* (2022–2023)

Tribhuvan University, Nepal

- *Master's Thesis Research Grant – Central Child Welfare Board, Ministry of Women, Children, and Senior Citizens, Government of Nepal* (2018)
- Certificate of Merit, *Highest Academic Achievement in B.A. Psychology* – Ratna Rajya Laxmi Campus (2015)
- *Undergraduate Merit Scholarship* – Ratna Rajya Laxmi Campus (2012–2015)

Publications

Raut, P., & Dhakal, S. (2023). Prevalence of adverse childhood experiences and mental health difficulties among adolescents. *Social Work Journal of Nepal*, 1(1), 103–122.
https://doi.org/10.31234/osf.io/kfudz_v4

Reinke, W. M., Herman, K. C., Huang, F. L., Glenn-Perez, A. L., **Raut, P.**, Aguayo, D., Venkat, S., Boddie, D., Harris, J. M., & Owens, S. (2024). Having a trusted adult in school: Concurrent and predictive relations with internalizing problems across development. *Journal of Positive Behavior Interventions*.
<https://doi.org/10.1177/10983007241276534>

Reinke, W. M., Herman, K. C., Salam, S. S., & **Kumar, P.** (2025). Profiles of Third-Grade Emotional, Behavioral, and Academic Indicators: Co-Occurrence and Distal Outcomes in Sixth Grade. *Journal of Emotional and Behavioral Disorders*. <https://doi.org/10.1177/10634266251326513>

Thomas, E. F., Stothard, C., Besta, T., Akbas, G., Becker, J. C., Becker, M., Brik, T., Chayinska, M., Deguchi, M., Dhakal, S., Kelmendi, K., Kende, A., de Lemus, S., Le Dornat, P., Iwanowska, M., Leung, A., Martiny, S., Mizuki, R., Osborne, D., **Raut, P. K.**, ... van Zomeren, M. (2025). Anti-immigration conspiracy beliefs are associated with

endorsement of conventional and violent actions opposing immigration and attitudes towards democracy across 21 countries. *Communications Psychology*, 3(1), 66. <https://doi.org/10.1038/s44271-025-00246-1>

Besta, T., Thomas, E., Olech, M., Jurek, P., Osborne, D., Palace, M., Akbas, G., Becker, J. C., Becker, M., Brik, T., Chayinska, M., Deguchi, M., Dhakal, S., Kelmendi, K., Kende, A., Lamus, S., Le Dornat, P., Leung, A., Martiny, S. E., **Raut, P. K.**, ... van Zomeren, M. (2025). When (and where) do pandemics foster anti-migrant actions? Individual-, contextual- and societal-level drivers affecting social cohesion during the COVID-19 pandemic. *International Journal of Intercultural Relations: IJIR*, 108(102269), 102269. <https://doi.org/10.1016/j.ijintrel.2025.102269>

Besta, T., Thomas, E., Celikkol, G., Olech, M., Jurek, P., van Zomeren, M., Pozzi, M., Pistoni, C., Palace, M., Akbas, G., Becker, J. C., Becker, M., Brik, T., Chayinska, M., Deguchi, M., Dhakal, S., Kelmendi, K., Kende, A., Kosakowska-Berezecka, N., **Raut, P. K.**, ... Włodarczyk, A. (2025). Cultural logics of honor, face, and dignity as moderators of the relationship between group process and pro-migrant collective action intentions. *Current Research in Ecological and Social Psychology*, 9(100234), 100234. <https://doi.org/10.1016/j.cresp.2025.100234>

Aguayo, D. Mitchell, A. Colucci Kfuri, P., Navarro, L. T., Sidebottom, A. D., Harris, A. M., Sappington, A., **Raut, P. K.**, Boatner, K. A., Farr-Atkins, M., Santiago, R. T., Reinke, W. M., & Herman, K. C. (2026). High School Students as Researchers to Improve School Mental Health Screening and Support. *School Mental Health*. <https://doi.org/10.1007/s12310-025-09844-0>

Related Experience

School Psychology Intern (*Jul 2025 – Jun 2026*)

Boston Public Schools, Behavioral Health Services (BHS), Boston, MA

- Provide counseling, social-emotional learning interventions, and behavioral assessments to support student well-being.
- Collaborate with teachers and families to promote resilience in school communities.

Advanced Practicum in School Psychology (*Aug 2023 – May 2025*)

Columbia Public Schools, Columbia, MO

- Delivered individual and group interventions and developed behavior support plans.
- Focused on relational and ethical aspects of learning and development.

Clinical Psychology Intern (*June – July 2018*)

Tribhuvan University Teaching Hospital, Kathmandu, Nepal

- Conducted intake interviews and clinical observations under supervision.
- Engaged with ethical dimensions of mental health care.

Additional Skills and Trainings

Professional Workshops & Trainings:

- *Principle-Guided Psychotherapy for Children and Adolescents* – Boston Public Schools
- *Understanding Trauma* – Boston Public Schools
- *Motivational Interviewing Training* – Missouri Prevention Science Institute (University of Missouri)
- *Using Art in Therapy* – Working Creatively with Displacement, Trauma, and Difference – Tribhuvan University
- *Community-Based Psychosocial Intervention* – Tribhuvan University
- *Communication Skills in Counseling* – Tribhuvan University

Languages:

Native speaker of Nepali; fluent in English and Hindi; basic conversational ability in Spanish and Russian